

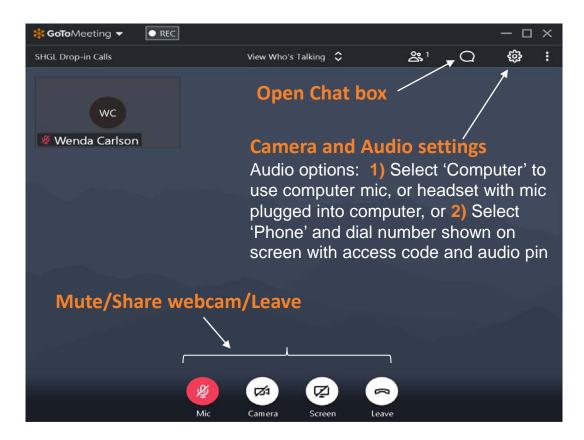
National Multiple Sclerosis Society

Connections Volunteers Drop-In Call October 1, 2020

Hosted by:



Desiree Schnoor Manager Implementation & Engagement



Q&A: There will be time for questions after presentation

- Option #1: Pop on camera using your webcam; unmute
- Option #2: Type your question in the Chat box

A recording of this call (without webcam) will be posted on our website at: https://www.nationalmssociety.org/Resources-Support/Find-Support/ Connect-with-Peers-One-on-One/For-Connection-Program-Volunteers

Today's Time

- **NEWS:** Going digital through December 31st
- We are here to support you! New support email: peerconnections@nmss.org
- Connections Program Volunteer Website: <u>http://nationalmssociety.org/ConnectionsVolunteers</u>



COVID-19 and MS



Julie Fiol, MSW, BSN, RN, MSCN Director MS Information and Resources



COVID-19 Update

- Global Data Sharing Initiative
 - Risks for worse COVID-19
 - Older age
 - Progressive MS
 - Higher level of physical disability
 - DMTs that reduce B cells
- COViMS
 - Worse outcomes for Black patients



Action Items

- Vitamin D—could mean less severe course of COVID-19
- **Alcohol** use is up during the pandemic—who knew?
- Flu Season is here—get vaccinated!





National Multiple Sclerosis Society

Society Resources We are Here

Support for Leaders and Groups

- We are going digital through December 31st
- Ongoing Drop In Calls
 - Thursdays at noon PST/3EST
 - October 8: Medicare Open Enrollment
- MS Navigator is available to help!
- Find Doctors and Resources Online



National MS Society CONNECTIONS VOLUNTEERS





Launching Today!

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A space for Self-Help Group Leaders & MS Friends volunteers to connect through a private Facebook group.



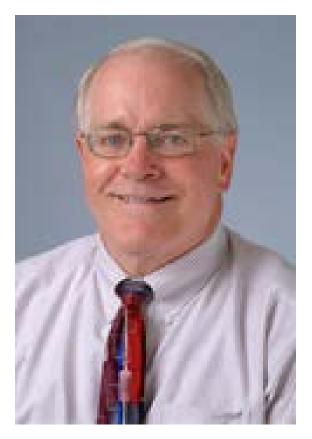
Opportunity for connection volunteers to support each other, share ideas, facilitate discussions and connections, and access information about resources and opportunities.



Staff partners will be reaching out with more information and group invitations.



Ask the Expert: MS Treatment and Lifestyle Decisions October 2 at 1:00 p.m. ET/10:00 a.m. PT



David H. Mattson, MD, PhD Professor of Neurology and Director of the Neuroimmunology Multiple Sclerosis Program

Indiana University School of Medicine, Indianapolis, Indiana





Conversation and Support in Spanish for People Living with Multiple Sclerosis

In the National MS Society, we want to make sure that everyone affected by MS can connect with others, feel supported, and receive reliable information regardless of where they are. In this opportunity, we invite the Hispanic/Latino MS community to join us for the video conference/phone call **Café con Leche** group.

Meetings are the 2nd Tuesday of each month at 4:00 p.m. ET. First meeting is October 13

For more information or to register call 1-800-344-4867, option 3, or nationalMSsociety.org/Espanol.



INTERNATIONAL ORGANIZATION OF MS NURSES

DIFFERING PERSPECTIVES ON MULTIPLE SCLEROSIS NURSING CARE: PATIENT PROGRAM

OCTOBER 10, 2020 12:30PM - 2:30PM (ET)

FACULTY



DENISE BRUEN, ANP-BC, MSN, MSCN UNIVERSITY OF VIRGINIA JAMES Q. MILLER CONSULTATIVE MS CENTER CHARLOTTESVILLE. VA



MARIE NAMEY, RN, MSN, MSCN Mellen Center for MS treatment & Research Cleveland Clinic Foundation Cleveland, Oh



STEPHANIE AGRELLA, PHD(C), MSN, RN, ANP-BC, MSCN CENTRAL TEXAS NEUROLOGY CONSULTANTS, PA MS CLINIC OF CENTRAL TEXAS ROUND ROCK. TX

LEARNING OBJECTIVES

At the conclusion of this activity, learners should be better able to:

- Demonstrate increased knowledge of MS and its treatments, including realistic expectations and awareness of side effects that should be reported to healthcare team
- Cite common symptoms of MS and strategies to reduce and manage them
- Recognize common psychological and cognitive issues related to MS that can be addressed and treated by all members of the healthcare team, including incorporation of available psychological resources



THIS ACTIVITY IS SUPPORTED BY GRANTS RECEIVED FROM BIOGEN, BRISTOL MYERS SQUIBB, GENENTECH AND NOVARTIS.





WWW.IOMSN.ORG/2020DIFFERINGPERSPECTIVES/



Connection Volunteer Website

For Connection Program Volunteers





Emotional Support Resources

- Happy the App
- Find Doctors and Resources Tool
- Facebook Group: National MS Society Community
- MS Navigator is available to help!
- HelpPRO
 - Online search tool
- Behavioral Health Treatment Services Locator
 - Nationwide behavioral health services & resources
- NeedyMeds.org
 - Mental Health clinic locator



Need Support Connecting Your Group? Resources are Available!

- ✓ Skype
- ✓ Zoom
- ✓ FaceTime
- ✓ Google Hangout
- ✓ Facebook Messenger
- ✓ Free Teleconference Tools
- ✓ Support Group finder on Society Website

Connect with your Society Staff Partner to discuss your needs



SELF-HELP GROUP MEETING DISCLAIMER

The National MS Society respects the rights of people with MS to obtain any and all information they want related to MS including information on wellness, medical treatments or complementary therapies, products and services. The information presented at this meeting does not necessarily reflect the views or official position of the National Multiple Sclerosis Society, nor carry the endorsement or support of the Society. To protect your privacy and the privacy of other members, please do not record, take screenshots, or share information about other members of this group outside of this meeting. For specific medical advice, contact your physician. For the opinion of the National Medical Advisory Committee of the National MS Society on any therapy, treatment or product, please contact your chapter at 1-800-344-4867 (1-800-FIGHT-MS), or visit our website at nationalMSsociety.org



CONNECTING LEADERS TO LEADERS

- What questions do you have?
- What questions are you getting from others?
- What resources or support would be helpful?
- Share helpful tips for other leaders

