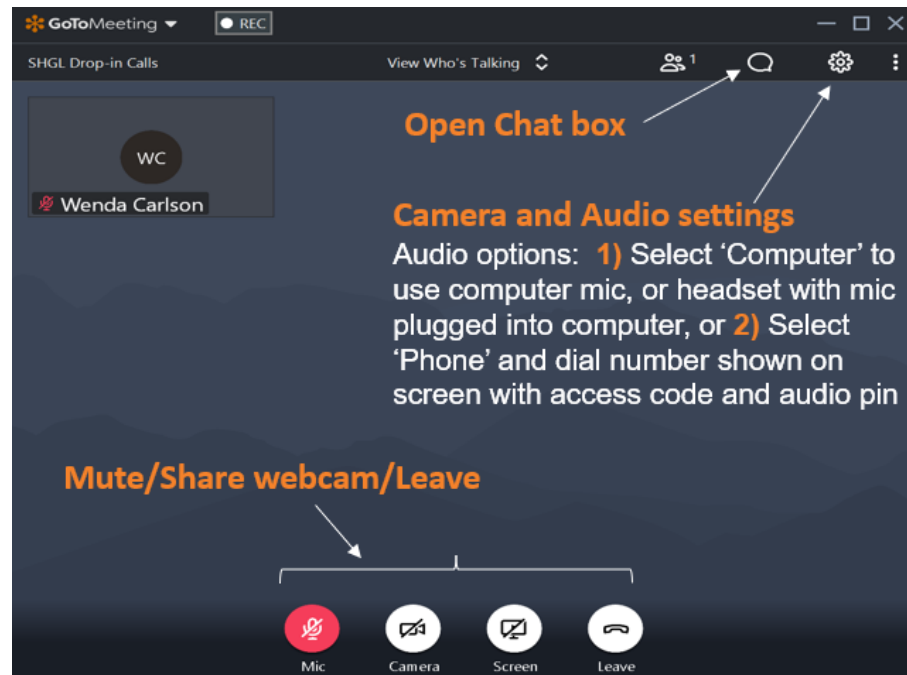


Connections Volunteers Drop-In Call — March 18, 2021

Hosted by:



Desiree Schnoor
Manager, Volunteer and
Community Engagement



Q&A: There will be time for questions after presentation

- Option #1: Pop on camera using your webcam; unmute
- Option #2: Type your question in the Chat box

Today's Time

- Meeting cadence update
- New Staff Members
- Edward Dowd Personal Advocate Program
- We are here to support you! - New support email:
peerconnections@nmss.org
- Connections Program Volunteer Website:
<http://nationalmssociety.org/peerconnectionsvolunteers>
- Questions/Feedback/Discussion

In Person Meeting Update

At this time, we're still not planning on bringing groups together in person. However, as vaccination rates increase and incidence decrease across the country, we are putting safety guidelines in place in preparation for coming back together. We are planning to use the same framework for self-help groups that we are using to determine the safety of reopening Society offices.

These decisions will likely **not** be consistent across the country and will be based on local circumstances and local safety guidelines. You will be working together with your staff partner in the coming months to discuss when it is safe to come back together and what safety measures will be expected. We'll also keep each of you updated during these calls and in communication from your staff partner.

FY 21 Monthly Leader Call Dates

Third Thursday of the month at
3 pm EST and 7 pm EST



- April 15
- May 20
- June 17
- July 15
- August 19
- September 16

New Staff Members



Brittany Herrmann
Manager, Community Engagement

New Staff Members



Krista Harding
Manager, Community Engagement

New Staff Members



Nicole Farsaci
Manager, Community Engagement



National
Multiple Sclerosis
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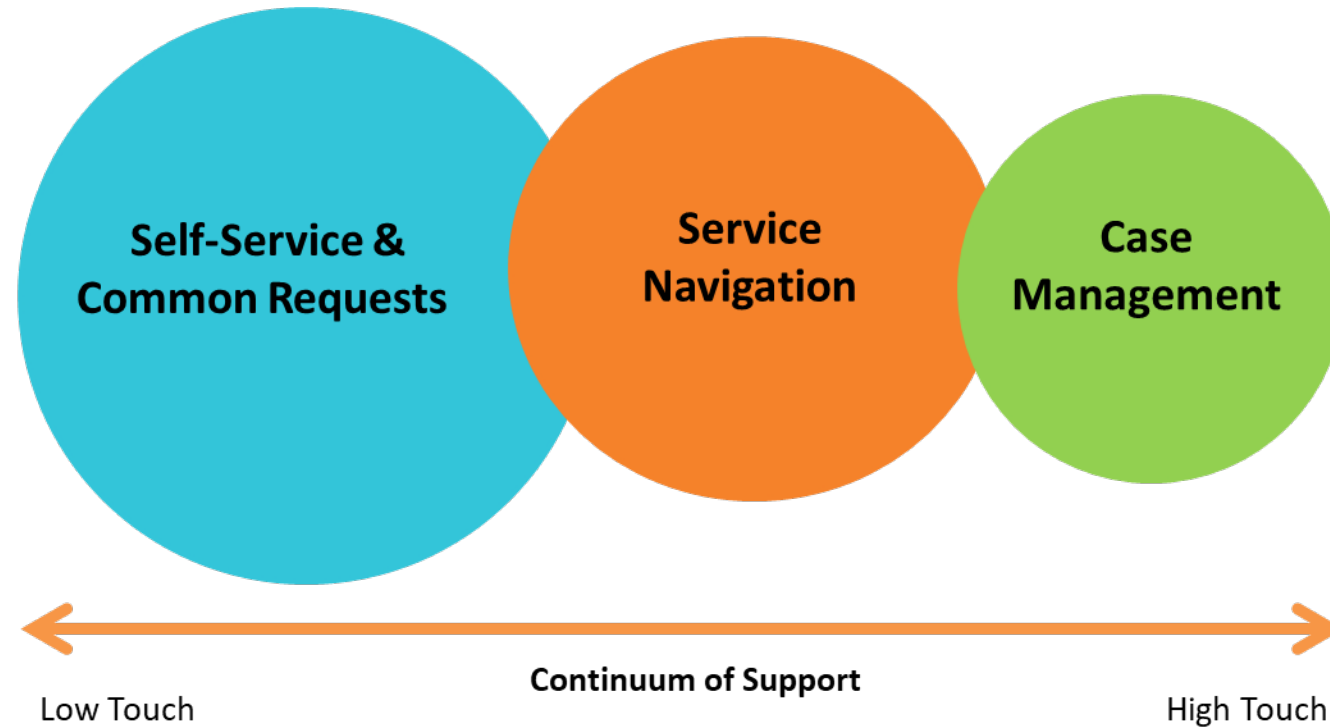
YEARS OF **PROGRESS**

Edward Dowd Personal Advocate Program

Rebecca Rohr

Manager of Case Management

MS Navigator – A Continuum of Support



What is Case Management



Who qualifies for the program?

- *Multiple, urgent issues
- *Physical, emotional and cognitive Symptoms
- *Caregiver overwhelmed
- *Isolation
- *Lack vital services

Case Management- Case Example

- Cody was living with his parents after his divorce. Diagnosed with MS in 2013, Cody had vision and balance problems as well as cognitive and memory issues



- No longer able to work and needed help managing financially
- Needed to find an apartment that would accommodate his needs so he could live independently
- Cody was connected to a contracted case manager, Jane. Jane worked with Cody and his mother to fill out the necessary paperwork for Medicaid, subsidized housing, home health care, and legal guardianship

MS[®]

National
Multiple Sclerosis
Society


75

YEARS OF **PROGRESS**

Society Resources

We are Here

Updated Connection Volunteer Website



For Peer Connections Volunteers

For Peer Connections Volunteers

- › Resources for Peer Connections Volunteers
- › Call Archive
- › Educational Resources & Toolkits

SHARE Like 3 Tweet Share 2

Welcome to the Peer Connections Volunteers resource page – we're glad you're here! Our Peer Connections Volunteers are trained individuals who focus on the needs of people affected by MS needing support. This page is designed to support you in your role(s) as a Peer Connections Volunteer by providing relevant information and resources to prepare and ensure continued success in working with individuals in the MS community.

This page provides links to general MS information, Society services and support, and the resources specific to your volunteer role. Additionally, you'll find best practices and tips for successfully hosting a self-help group, handling difficult conversations, and resources to share with participants for additional emotional support.

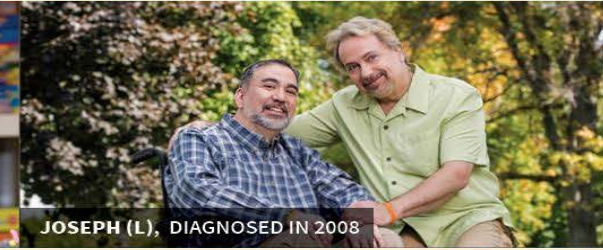
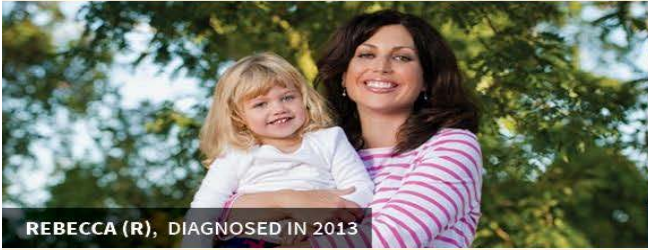
If you have any questions about the content below, please reach out to your staff partner or the Peer Connections Resource Team at PeerConnections@nmss.org. We're thankful to each of you for volunteering your time and passion!

ASK an MS Expert Program Series Dates

- The Ask an MS Expert program series provides an opportunity to learn more about multiple sclerosis from top MS experts.
- Programs focus on trending topics related to the MS community. Experts answer your questions and MS Navigators provide live resource support throughout each program.
- March 19: What's New in MS Research - Join us and Dr. Bruce Bebo, Society's EVP of Research Programs.
- March 26: New Approaches to Treating MS - Join us and Dr. Michael Kornberg, who leads a research team at Johns Hopkins University School of Medicine.



NATIONAL MS SOCIETY COMMUNITY



Live Fully, Live Well

A Wellness Program for People with MS & their Support Partners

MS Awareness Week



Tips for Successful Telemedicine



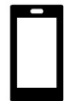
TIPS FOR SUCCESSFUL TELEMEDICINE

for Those Living with MS



YOUR INSURANCE COVERAGE

- Ensure that your insurance currently covers telemedicine and understand your out of pocket expense
- Check that your healthcare provider is licensed in the state you plan to receive telemedicine care



YOUR CONNECTIVITY

- You will need a charged computer, smartphone, or tablet available with attached/integrated camera and stable bandwidth
- Consider having a care partner attend to help maneuver the camera
- Download the required platform prior to appointment, test it out, consent and consult with your practice administrator if any

ABOUT TELEMEDICINE

What is telemedicine?

The use of technology to participate in healthcare at a distance, so you and your provider can connect from different locations.

How does it differ from in-person?

The use of technology allows for communication without being in the same location. Most aspects of a medical visit are possible – including conversation, medical history, discussion of specific problems, treatment plan and even many parts of a physical or

**MS
WARRIOR**

Leaders

*MS Warrior
Leader
Support Group*

*A Support Group for
MS Group Leaders*

*Join us on Zoom
3rd Thursday of the month @ 4pm (EST)*

*Meeting ID 84207053474
Passcode- Warrior*

*Contact Monica at
SPEAKMSTOME@GMAIL.COM*

Need Support Connecting Your Group? Resources are Available!

- Skype
- Zoom
- FaceTime
- Google Hangout
- Facebook Messenger
- Free Teleconference Tools
- Support Group finder on Society Website

***Connect with your Society Staff Partner
to discuss your needs***

SELF-HELP GROUP MEETING DISCLAIMER

The National MS Society respects the rights of people with MS to obtain any and all information they want related to MS including information on wellness, medical treatments or complementary therapies, products and services. The information presented at this meeting does not necessarily reflect the views or official position of the National Multiple Sclerosis Society, nor carry the endorsement or support of the Society.

To protect your privacy and the privacy of other members, please do not record, take screenshots, or share information about other members of this group outside of this meeting. For specific medical advice, contact your physician. For the opinion of the National Medical Advisory Committee of the National MS Society on any therapy, treatment or product, please contact your chapter at 1-800-344-4867 (1-800-FIGHT-MS), or visit our website at nationalMSSociety.org

CONNECTING LEADERS TO LEADERS

- What questions do you have?
- What questions are you getting from others?
- What resources or support would be helpful?
- Share helpful tips for other leaders.

Connect with the National MS Society



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instagram.com/MSsociety



twitter.com/MSsociety



youtube.com/nationalMSsociety



[linkedin.com/company/
national-MS-society](https://linkedin.com/company/national-MS-society)